

# EMPLOYEE ASSISTANCE PROGRAM

Your resource for help with daily challenges and difficult situations.

## FINANCIAL SERVICES

Financial concerns can create stress and worry, particularly for employees who are unsure of where to turn. EAP offers financial consulting services to assist you with a wide spectrum of financial topics.

Access online tools, resources, and two free 30-minute telephone consultations per issue, per year with a financial consultant to get your questions answered. For services beyond 60 minutes, you can elect to continue working with the financial coach at a discounted rate. Financial consultants have extensive experience advising individuals on how to take control of their finances and plan for the future.

### Financial topics include:

- Budget planning.
- Debt and credit.
- Retirement planning.
- Taxes and audits.
- Loan and mortgage assistance.

### Financial tools and calculators help with:

- Refinancing.
- Loan consolidation.
- Time frames for debt elimination.
- Optimal savings plans for college, retirement, and more.

In addition to telephone consultations, you may access tools and resources online through the EAP website including:

- Articles and guides covering a wide variety of financial topics.
- Online calculators and estimator tools.
- Frequently asked financial questions answered by professional financial experts.

